



BOARDING CAMP

SUNDAY SCHEDULE

- 3:00 pm REGISTRATION
- Shooting starts in the "Eagles' Nest" at 5:00 pm
- 5:30 pm COACHES MEETING IN PAC203 (Upstairs Gym)
- 6:30 pm ALL CAMPERS Report to Eagles' Nest for Group Assignments
- 7:00 pm Try-Outs and Evaluations by Coaches for the Draft
- NEST A NEST B BARN RECA REC B
- NBA CBA University College Eager Eagles
- 8:45 pm CLINIC: Introduction to Shooting (Hays)
- Everyone in the Nest
- (Commissioners start your draft)
- 9:30 pm Orientation (Fontaine)
- 10:15 Back to Dorms
- 11:15 LIGHTS OUT!

MONDAY SCHEDULE

7:00 am	BREAKFAST					
8:00 am	Commissioners meet with Directors					
8:20 am	FORMATION: Everyone in the Nest with your teams					
8:30 am	CLINIC: Footwork					
	<u>NEST</u>	<u>ROCK</u>	<u>BARN</u>	<u>REC</u>	<u>CAGE</u>	<u>PEBBLE</u>
	College	CBA	University	NBA	Eager Eagles	ABA
8:50 am	CLINIC: Shooting Progression (same locations)					
9:50 am	CLINIC: Passing and Receiving (same locations)					
10:20 am	Commissioners announce practice times and afternoon schedule.					
10:30 am	TEAM PRACTICE SESSIONS					
11:00 – NOON	LUNCH					
1:00 pm	CLINIC: DEFENSE: Stance; vs. the Live Ball; vs the Dribble					
	<u>NEST</u>	<u>ROCK</u>	<u>BARN</u>	<u>REC</u>	<u>CAGE</u>	<u>PEBBLE</u>
	ABA	College	CBA	University	NBA	Eager Eagles
2:05 pm	Game preparation by Commissioners					
2:15 pm	LEAGUE GAMES/Pool is open from 3:00 – 5:00 pm					
4:00 – 6:00	DINNER					
6:30 pm	CLINIC: Shooting Off the Pass					
	<u>NEST</u>	<u>ROCK</u>	<u>BARN</u>	<u>REC</u>	<u>CAGE</u>	<u>PEBBLE</u>
	Eager Eagles	ABA	College	CBA	University	NBA
7:00 pm	CLINIC: Denial Defense and Helpside Defense (Shell)					
	Same location					
7:50 pm	Game Preparation by Commissioners					
8:00 pm	LEAGUE GAMES/ Pool is open from 8:00 – 10:00 pm.					
	(Commuters may leave if you have played your game)					
10:00 pm	BACK TO THE DORMS					
11:15 pm	LIGHTS OUT!					

TUESDAY SCHEDULE

7:00 am BREAKFAST

8:00 am Commissioners meet with Directors

8:20 am FORMATION: Everyone in the Nest with your team.

8:30 am CLINIC: Perimeter Play: Cuts & Screens

<u>NEST</u>	<u>ROCK</u>	<u>BARN</u>	<u>REC</u>	<u>CAGE</u>	<u>PEBBLE</u>
NBA	Eager Eagles	ABA	College	CBA	University

9:30 am CLINIC: Introduction to Cut-Throat (Triple Threat, Thank You, Motion)
(same locations)

10:20 am Commissioners go over team practice and afternoon schedule

10:30 am TEAM PRACTICE SESSIONS

11:00 – NOON LUNCH

1:00 pm CLINIC: Live Ball Moves/ Shooting Off the Dribble

<u>NEST</u>	<u>ROCK</u>	<u>BARN</u>	<u>REC</u>	<u>CAGE</u>	<u>PEBBLE</u>
University	NBA	Eager Eagles	ABA	College	CBA

2:05 pm Game Preparation by Commissioners

2:15 pm LEAGUE GAMES / Pool is open 3:00 – 5:00 pm

4:00 – 6:00 pm DINNER

6:30 pm CLINIC: Dribbling & Dribble Moves

<u>NEST</u>	<u>ROCK</u>	<u>BARN</u>	<u>REC</u>	<u>CAGE</u>	<u>PEBBLE</u>
CBA	University	NBA	Eager Eagles	ABA	College

7:15 pm CLINIC: Posting and Post Moves (same locations)

7:50 pm Game Preparation by Commissioners

8:00 pm LEAGUE GAMES / Pool is open from 8:00 – 10:00 pm.
(Commuters may leave if you have played your game)

10:00 pm BACK TO THE DORMS

11:15 pm LIGHTS OUT!

WEDNESDAY SCHEDULE

- 7:00 am BREAKFAST
- 8:00 am Commissioners meet with Directors
- 8:20 am FORMATION: Everyone in the Nest with your team
- 8:30 am CLINIC: Free Throw Shooting
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| <u>NEST</u> | <u>ROCK</u> | <u>BARN</u> | <u>REC</u> | <u>CAGE</u> | <u>PEBBLE</u> |
| College | CBA | University | NBA | Eager Eagles | ABA |
- 9:00 am Dribble Moves into your Shot
- 9:40 am CUT THROAT (Emphasizing Motion and Screening) same locations
- 10:20 am Commissioners go over practice and game schedules for the afternoon.
- 10:30 am TEAM PRACTICES
- 11:00 – NOON LUNCH
- 12:30 pm LEAGUE GAMES / Pool is open from 3:00 – 5:00 pm
- 4:00 – 6:00 pm DINNER
- 6:30 pm Roll Call: Coaches take roll in formation at 6:30 pm – Everyone in the Nest
- CLINIC: Footwork and the 3 PT. Shot – Findley/Hall - REC
- 7:15 pm Coaches-Counselors-College Players Game
(Commuters may leave after the game)
- 9:00 pm Motivational Talk and Entertainment – Lawson Commons
- 10:00 BACK TO THE DORMS
- 11:15 pm LIGHTS OUT!

THURSDAY SCHEDULE

- 7:00 am BREAKFAST
- 8:00 am Commissioners meet with Directors
- 8:20 am FORMATION: Everyone in the Nest with your teams
- 8:30 am CLINIC: Zone Offense Individual Fundamentals
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| <u>NEST</u> | <u>ROCK</u> | <u>BARN</u> | <u>REC</u> | <u>CAGE</u> | <u>PEBBLE</u> |
| NBA | Eager Eagles | ABA | College | CBA | University |
- 9:15 am CLINIC: Zone Offense Team Concepts (same locations)
- 9:45 am CLINIC: 2-3 Zone Defense (same locations)
- 10:05 Team Zone Concept Applications
- 10:20 am Commissioners go over afternoon schedule and team practice schedule.
- 10:30 am TEAM PRACTICE – Scrimmage another team vs. 2-3 Zone. Set-up by commissioners
- 11:00 – NOON LUNCH
- 1:00 pm CLINIC: Offensive Skills Review (Triple Threat, Live Ball Moves, Dribble Moves, Shooting Off the Pass and Dribble, Posting)
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| <u>NEST</u> | <u>ROCK</u> | <u>BARN</u> | <u>REC</u> | <u>CAGE</u> | <u>PEBBLE</u> |
| University | NBA | Eager Eagles | ABA | College | CBA |
- 2:05 pm Game Preparation and evening schedule by Commissioners
- 2:15 pm LEAGUE GAMES (All teams play 2-3 zone in the 1st half, 2nd half is optional)
- 4:00 – 6:00 pm DINNER
- 6:30 pm CLINIC: Bank Shooting and Bank Shooting Drills
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| <u>NEST</u> | <u>ROCK</u> | <u>BARN</u> | <u>REC</u> | <u>CAGE</u> | <u>PEBBLE</u> |
| CBA | University | NBA | Eager Eagles | ABA | College |
- 7:00 pm SHOOTING DRILLS (Team Competitive, 4-up, String Drill, String Music)
- 7:50 pm Game Preparation by Commissioners/ **Check out Procedures and Friday's Schedule**
- 8:00 pm LEAGUE GAMES /Pool is open from 8:00 – 10:00 pm
Commuters may leave if you've played your game.
- 10:00 pm You may go back to your dorm when your game is over.
- 11:15 pm LIGHTS OUT!

FRIDAY SCHEDULE

7:00 am BREAKFAST

7:00 am Training Room will be open

7:30 am LEAGUE GAMES

CLEAN YOUR ROOMS!

* Close your bank during morning free time.

** After your game, your coaches will give you your camp shirt and ball. You will receive your evaluations as the coaches check your cleaned room.

11:30 – 1:00 LUNCH (Parents and Guests are welcome but must pay for lunch)

1:00 pm AWARDS CEREMONY

Gaylord University Center (Cafeteria)