

**SOUTHWESTERN INVITATIONAL
TIME SCHEDULE
2010**

11:15 High Jump (Women) -- Men follow

11:15 Discus (Women) -- Men follow

11:15 Javelin (Men) -- Women Follow

11:15 Long Jump (Men) -- Women follow

11:15 Shot Put (Men) -- Women follow

11:15 Pole Vault (Men) -- Women follow

After completion of Men's Discus
Hammer (Women) – Men Follow

After completion of Women's Long Jump
Triple Jump (Men) -- Women follow

12:45 10,000 M (Women and Men together)

3000 M Steeplechase (Women/Men)

4 X 100 M Relay (Women/Men)

1500 M (Women/Men)

100 M Hurdles (Women)

110 M HH (Men)

400 M (Women/Men)

100 M (Women/Men)

800 M (Women/Men)

400 M IH (Women/Men)

200 M (Women/Men)

5,000 M (Women/Men)

4 X 400 M Relay (Women/Men)

Rolling Schedule -- Events will be moved along as quickly as possible